

HC DrugFree: Keeping Howard County *in the KNOW!* ...knowledge is power, so just say KNOW

Thank You, Howard County!

Here are some highlights from our 2-for-1 event held on Saturday, April 30 in the Wilde Lake Village Center

Event slideshow...coming soon!!!!

County Executive Ball Presents Certificate of Recognition



At our 2-for-1 event held on Saturday, April 30, Howard County Executive Calvin Ball presented HC DrugFree with a Certificate of Recognition for the organization's annual Drug and Alcohol Awareness Month celebrated each April. Thank you, County Executive Ball and MD Lt. Governor Boyd Rutherford, for your ongoing support. To read, click here or on the Certificate.

Pictured left to right: County Executive Calvin Ball, HC DrugFree's Executive Director Joan Webb Scornaienchi, HC DrugFree Board Members Dr. Andrew Angelino and Dr. Brian Morrison, and MD's Lt. Governor Boyd Rutherford.





Do your little bit of good where you are; it's those little bits of good put together that overwhelm the world.

Desmond Tutu

HC DrugFree would like to send a quick thank you to everyone who supported our 2-for-1 event held on April 30. Double the work, double the commitment to the community, and double the fun!

At our drive-thru Medication and Sharps Collection site in the Wilde Lake Village Center parking lot, our volunteers collected **1,157 lbs. of medication (40 white bins). The 21 red bins of sharps** are not included in the weight.









Thank you to the **Howard County Police Department** and the **Drug Enforcement Administration (DEA)** for guarding, weighing, and transporting the medication collected at our site.

While the team was busy collecting medication and sharps, approximately **100 adults completed the "Hidden In Plain Sight" tour** held inside a 30-foot trailer set up to simulate a bedroom and bathroom to show where drugs may be hidden in plain sight.

The tour also included information on other potential signs of drug use. Both events were free and open to the public.

Pictured: HC DrugFree's Executive Director

Joan Webb Scornaienchi showing a hairbrush

with hidden compartment to County Executive Calvin R

with hidden compartment to County Executive Calvin Ball during a tour.



Pictured: Former County Executive Allan Kittleman, MD Lt. Governor Boyd Rutherford, Joan Webb Scornaienchi and volunteer John Scornaienchi look around the trailer as they listen to the tour guide.

Thank you to the Harford County Sheriff's Office for partnering with HC DrugFree to bring their trailer, staff, and volunteer tour guides to educate the Howard County community.

We learned a lot!





Vicky Cutroneo, a member of the Howard County Board of Education (BOE) and former BOE member Ellen Flynn Giles educated adults by showing them everyday items that could be "Hidden In Plain Sight" in homes. Ms. Cutroneo demonstrated how the can of a name brand soft drink can be used to hide drugs while Ms. Giles demonstrated a hairbrush, hats, and other items.



Play Ms. Cutroneo's videos: If you weren't able to tour the trailer or visit our demonstration table, you may want to view these short videos with Ms. Cutroneo and Ms. Giles demonstrating how containers purchased by HC DrugFree are designed to hide valuables but can be used to hide drugs in plain sight.



Click on each video to play.

HC DrugFree uses these items to educate throughout the year.

Doing the Heavy Lifting One More Time



MD Lt. Governor Boyd Rutherford (right), Assistant Special Agent in Charge (ASAC) Orville O. Greene of the Drug Enforcement Administration (DEA), and Wilde Lake Village Board Chair Kevin McAliley (left) have been part of DrugFree's team for many years. These men work hard, are quick with a warm smile, and never say no to our many requests at our events and throughout the year. Thank you all for being on our team!

MD U.S. Attorney Visit HC DrugFree's Site

United States Attorney for the District of MD Erek L. Barron visited HC DrugFree's site on the DEA's 21St National Drug Take Back Day.

"Over the course of the last year, the state of Maryland has seen a significant increase in drug overdoses and crimes that exploit the opioid epidemic. For example, fentanyl, a drug that can be consumed safely when prescribed by a physician, can be severely addictive and

has plagued countless Maryland families. Thanks to the DEA's efforts and the abundance of collection sites, individuals can safely dispose of unused medications that could lead to prescription drug abuse," said Barron in a press release announcing that he would visit HC DrugFree's collection site.

Thank you, Mr. Barron, for making our little site your selected site!



...it takes the entire village to keep our kids safe... Expressing Our Sincerest Gratitude

Partnering on National Drug Take Back Day since 2012





Thank you to the **Howard County Police Department** (HCPD) and the **Drug Enforcement Administration (DEA)** for guarding, weighing, and transporting the medication collected at our site. We have been partnering on medication collections since 2012.

As always, we appreciate having several members of the HCPD and DEA as well ASAC Orville O. Greene of the DEAat our site. We thank both agencies for all they do to keep our community safe throughout the year!

Thank you to the current and former **elected officials** working hard at our event: MD Lt. Governor Boyd Rutherford, County Executive Calvin Ball (and Kim Pruim from the County Executive's Office), former County Executive Allan Kittleman, State Delegate Terri Hill, Howard County Board of Education (BOE) member Vicky Cutroneo, former BOE member Ellen Flynn Giles, and Wilde Lake Village Board Chair Kevin McAliley.

Thank you to our **special guest** U.S. Attorney for the District of MD Erek L. Barron.

Thank you to our **partners** the Harford County Sheriff's Office for providing the H.O.P.E. House trailer and tour guides to educate our community, Lt. Kurt Wall and the Howard County Sheriff's Office for joining us at this event, John "Jack" Altfather with the Howard County District Court Adult Drug Court/DUI program,

and Dr. Andrew Angelino with the Howard County General Hospital for disposing of our sharps.

Thank you to our **funders/partners** the Howard County Government, Howard County Health Department, MDH, SAMHSA, Wegmans, and Friends of HC DrugFree.

Thank you to the **school/PTA/PTSA community partners**, James LeMon and the Howard County Public School System, Gina McGuinness with both the Howard High School PTSA and Bonnie Branch Middle School PTA, and the many PTAs/PTSAs supporting our event and working with us throughout the year.

Thank you for joining us and the ongoing support of our **Rotary** friends at the Sunrise Rotary Club of Ellicott City and the Rotary Club of Columbia.

Thank you to the former members of **Soroptimist International of Howard County** for volunteering with us for many years: Glenda Johnson, Kathy Corley Murray, and Diane Miller.

We extend an ongoing thank you to **Stephano Nam** and his team at **The UPS Store in the Wilde Lake Village Center**. Their team takes good care of HC DrugFree throughout the year. Thank you to the **Columbia Association and the Swim Center** for allowing us to share the parking lot.

Thank you to our incredibly generous **adult and medically-trained adult volunteers**. You work hard for our kids and families! Thank you for offering your skills, tables, chairs, trucks, photographs, time to supervise the student volunteers, and much more.

Finally, our kids are our future.

Thank you to **all our amazing youth volunteers** including the current and former members of **HC DrugFree's Teen Advisory Council** for giving up a beautiful Saturday and working to keep Howard County kids safe. Thank you to their **parents and families for standing with them.**

Again, our event slideshow will be released soon!!!

There's much more to see.



Pictured at the morning kickoff (left to right): Former County Executive Allan Kittleman, HC DrugFree Board Secretary Dr. Brian Morrison, HC DrugFree Executive Director Joan Webb Scornaienchi, Jack Altfather with the Howard County District Court Adult Drug Court/DUI program, MD Lt. Governor Boyd Rutherford, Dr. Sean Nealon with Morrison Chiropractics (behind Lt. Governor), HC DrugFree Board Member Dr. Andrew Angelino with Howard County General Hospital - a member of Johns Hopkins Medicine, and Teen Advisory Council member Jeff Li also representing Mt. Hebron High School PTSA.



Wear Green Today! Support Children's Mental Health Awareness

What is National Children's Mental Health Awareness Day?

This day shines a national spotlight on the importance of caring for every child's mental health and reinforces that positive mental health is essential to a child's healthy development.



Wear green today to raise awareness and

take a selfie with your classroom, school staff, colleagues, family, and friends, to raise awareness around the importance of children's mental health. Post your picture on social media using these hashtags:

#CMHMMaryland

#ChildrensMentalHealthAwarenessDay #ChildrensMentalHealthAwarenessWeek

Click here for more resources.

To raise awareness around children's mental health, Children's Mental Health Matters is highlighting resources and events for families and educators this week. Here are a few, but you can find more on their <u>website</u>. Check out this <u>calendar</u> of daily self-affirmations to help promote resilience in children. If

you prefer, these <u>cards</u> contain similar reminders without dates so you can put them in a jar or box and pull one out whenever anyone needs encouragement. The <u>Self-Care for Families Tip Sheet</u> includes ideas and activities that families can do together to encourage everyone to make self-care and positive mental health a priority. The end of the school year can be a stressful time for students. Check out this article on <u>Student Stress</u> for tips on how you can help your student best manage their stress.

Parents are also invited to these upcoming webinars: On May 6, Approaches to Co-Occurring Substance Use and Psychiatric Disorders in Youth. 12:30 p.m. to 2:00 p.m. <u>Learn more and register</u>.

On May 10, How to Help When You Are Worried About Someone's Mental Health. 6:00 p.m. to 7:00 p.m. <u>Learn more and register.</u>

See You at the Film Festival This Friday!

Thank you to all of the students who submitted films to HC DrugFree's Category for the 2022 Ho Co Film Fest video contest. The films were some of the best we've ever received and we appreciate all of the hard work that went in to making them!



We hope to see you at the HoCo Film Fest on **Friday, May 6 at 7 p.m.** at the Miller Library when this year's winners will be announced. Good luck!

Teen Meeting in May

Thank you to all the Teen Advisory Council (TAC) members and parents who volunteered at the medication and sharps collection. The final TAC meeting of this school year will be held this **Friday**, **May 9 from 5:30 - 7:00 p.m.**To receive the Zoom link, you must register at www.surveymonkey.com/r/TAC-5-9-22

Like Our Work? Help Us Do MORE!!!



For more information, contact

Joan Webb Scornaienchi
Executive Director
HC DrugFree
5305 Village Center Drive, Suite 206
Wilde Lake Village Center

Columbia, MD 21044 Admin@hcdrugfree.org www.hcdrugfree.org





