

HC DrugFree: Keeping Howard County *in the KNOW!* ...knowledge is power, so just say KNOW

Celebrating HC DrugFree's Drug and Alcohol Awareness Month

Don't cling to a mistake just because you spent a lot of time making it.

Unknown

Adults: Tour on Saturday

Adults, come see where your teen or loved one may be hiding drugs in plain sight...and at the same time, conveniently dispose of unwanted/expired medication and sharps.

At HC DrugFree's drive-thru Medication and Sharps Collection site, parents/guardians and other adults are encouraged to tour a trailer set up to simulate a young person's bedroom and bathroom. See some of the places drugs may be hidden in plain sight and learn other potential signs of drug use.



This "2-for-1" event will be held in the Wilde Lake Village Center parking lot near the Swim Center on **Saturday, April 30 from 10 a.m. to 2 p.m. (rain or shine). Free.**

Please click on the flier for a printable copy, or go to our<u>website</u> to access all the links and fliers.

HC DrugFree is proud to partner with the Howard County Police, Drug Enforcement Administration (DEA), Howard County Public School System and PTAs/PTSAs, Howard County Health Department, Howard County General Hospital, Harford & Howard County Sheriffs' Offices, Howard County Executive & Government, and others.



at HC DrugFree's Drive-thru

Medication and Sharps Collection Site in the Wilde Lake Village Center parking lot.

Many hands make light work.

The old proverb is correct, and we need YOUR hands to help with the upcoming Medication and Sharps Collection at HC DrugFree's collection site in the Wilde Lake Village Center parking lot this Saturday, April 30. **The drive-thru event will be held from 10 a.m. to 2 p.m.**, but **volunteers are needed from 9:15 a.m. to 2:00 p.m.**

Can't volunteer for the entire event? No worries. Volunteer for a shift.

Can't stand for 4 hours? Again, no worries. Bring a lawn chair!

Bring a friend or make new ones.

Please click on the flier for a printable copy, or go to our<u>website</u> to access all the links and fliers.

Follow Us and Share Our Posts:



Volunteers with Medical Training Needed



Volunteers with medical training are needed! For everyone's safety, volunteers with medical training sort the medications and sharps brought to the drive-thru collection.

If you have medical training (doctors, nurses, pharmacists, EMTs, etc.), please volunteer and ask your colleagues to join us. You can work shifts if you're not



available the entire time. For more information or to register as a volunteer, visit our <u>website</u>.

Photographers and Social Media Gurus Needed



We are in need of **Photographers** to capture the many special moments sure to happen on Saturday and **Social Media Gurus** to post updates during the event.

Even if you cannot attend the entire day, volunteer for a shift. Students can earn service hours for participating.

For more information or to volunteer, visit our<u>website.</u>

Student and Adult Volunteers Needed



Thank you to the 40+ volunteers already registered, **but we still want 20-30 more students** and **20-30 more adults.** Again, many hands make light work. There are many roles that can be filled by adults or students, so sign up today, and we will find something for you to do. Make it a fun family event as you educate your family and friends about the dangers of medication misuse. Invite your team, club, or coworkers. For more information or to volunteer, visit our website.

Tables Needed



We are in need of **more tables** for Saturday's event. If you have any that we can borrow, please complete the volunteer survey at

<u>www.surveymonkey.com/r/Adults4-30-22</u> and indicate how many tables you can bring. Please bring tables at 9 a.m. Saturday morning and plan to pick them up promptly at 2 p.m. Saturday afternoon. Make sure to label the underside of your items with your name and contact information so that we can make sure everything is returned to the correct owners. If it rains, tables will be outdoors and will get wet. If you have any questions, please email <u>admin@hcdrugfree.org.</u> If you can, volunteer and stay with us for the day!

Pet Medication Safety



HCDrugFree Empowering the Community

Medication & Sharps Disposal

Saturday, April 30 2022, 10 a.m. - 2 p.m.

Wilde Lake Village Center

www.hcdrugfree.org

 Prescription medication
Over-the-counter medication
Sharps (syringes, needles, Epi-Pens, etc.)
Vitamins
Pet medication
Vape devices (batteries removed)
Inhalers
and more!

Safely dispose of:

You love your pet like one of the family. Did you know that unwanted and expired pet medications can be dangerous to your pets and the "hoomans" they live with?

Clean out pet medications along with any other medications and sharps that are no longer needed and bring them to our collection site in the Wilde Lake Village Center parking lot near the Swim Center. See you and your pet on April 30 between 10 a.m. and 2 p.m. Visit our <u>website</u> for more information.

April is Sexual Assault Awareness Month

In the KNOW...



About Sexual Assault Awareness

One third of U.S. adolescents are victims of physical, sexual, emotional or verbal abuse from someone they are dating. Almost 1.5 million high schoolers deal with physical abuse from a dating partner in a single year. Using drugs only makes things worse.

What can parents do?

KNOW the warning signs:

- Your teen's partner is jealous or possessive
- Unexplained bruises or marks on your teen
- Your teen is depressed; stops participating in activities they once loved
- You teen is constantly texted by his/her partner

Talk with your teen. Get them professional help. Keep educating yourself. <u>Learn more.</u>



A Pennsylvania school district confiscated vapes from high school students that tested positive for fentanyl or heroin. Again, HC DrugFree urges parents and grandparents to talk to your students about the dangers of vaping on the developing brain as well as the possible deadly consequences of sharing vaping devices that could be laced with other drugs. <u>Read more.</u>

Save the Date: Teen Meeting on May 9

HC DrugFree's Teen Advisory Council (TAC) will meet online on Monday, May 9 from 5:30 p.m. to 7 p.m. We welcome all Howard County high school students, but students must <u>register</u>. This may be the final meeting of this school year, but we will have other volunteer opportunities for TAC members.

Get Friends Connected to HC DrugFree

Friends keep friends informed! This newsletter and social media remain the best ways for us to share vital information with you! Please Like & Share our content on social media or forward this newsletter to a friend to help us with our mission of keeping Howard County safe and informed. Invite a friend to subscribe to our newsletter. You can also view previous newsletters in the Newsletter Archive on our website.

Join Our Team.



Are you a <u>Friend of HC DrugFree?</u> Have you made a donation this year? We depend upon the generosity of individuals, organizations, and businesses to support our free services. Please make a gift of any size today.

Would you or your PTA/PTSA, religious group, civic group, company like to become a <u>Sponsor of HC DrugFree</u> by donating \$500 or more per year? Monthly payments are welcome. Thank you for your support.



Additional Resources

Mental Health Crisis? Thoughts of Suicide? Problems with Drugs or Alcohol? Contact MD's HELPLINE. Call 211, then press 1. Text your zip code to TXT-211 (898-211). Visit 211md.org for help with housing/shelter, utility assistance, food, domestic violence, legal services, and more.



Reverse Opioid Overdose: <u>Click here</u> to contact the Howard County Health Department to receive free training and Narcan kit.

For more information, contact

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