

HC DrugFree: Keeping Howard County *in the KNOW!* ...knowledge is power, so just say KNOW

We Need Your Help TODAY!

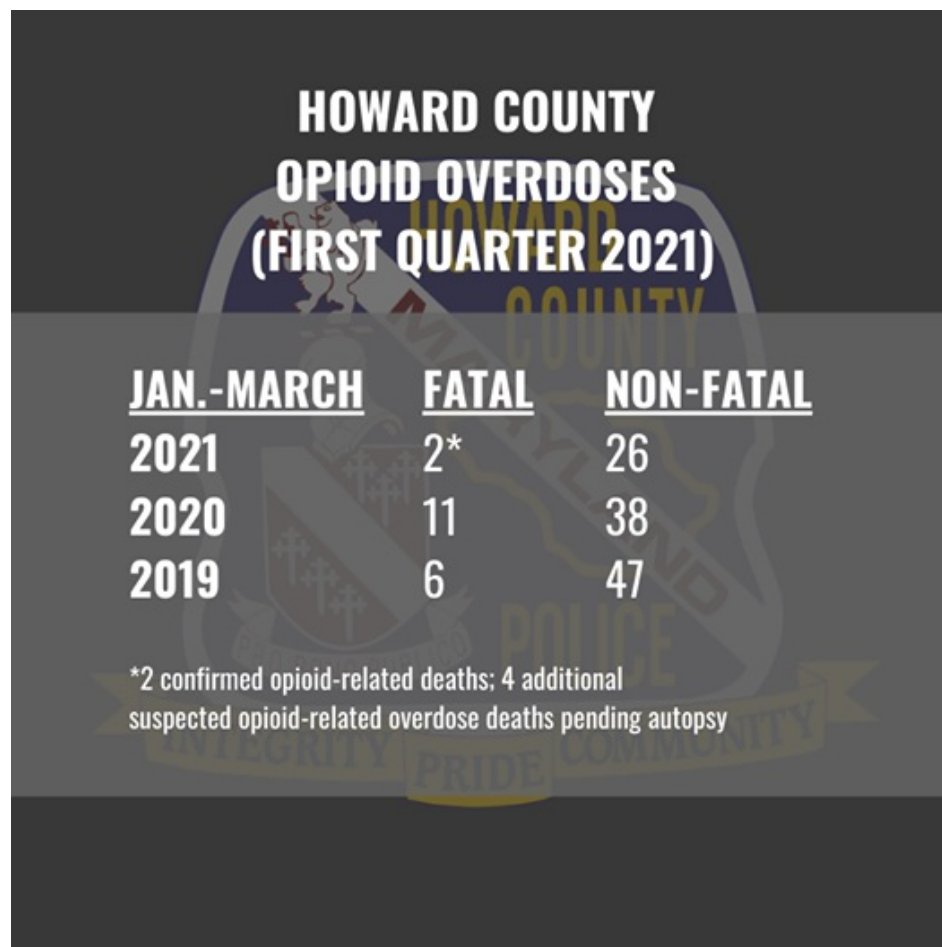
Coaches, Advisors or Parents of Middle School Students

HC DrugFree is launching a campaign targeting middle school students, but we need the help of **coaches, advisors, parents/guardians or grandparents of Howard County middle school students.**

[Click here](#) if we can ask you a few quick questions. Thank you for helping us!!

Howard County Overdoses

The Howard County Police Department released first quarter 2021 opioid overdose data. Click on the graphic for a printable PDF.



Registration Now Open! FREE Parenting Classes.

Hurry to register for the next series of classes for parents/guardians of 9-14 year olds. If your child is slightly younger or older, complete the registration form and we will review the information and get back to you.

Parent/guardian or child must reside in Howard County and based on previous interest, this class is expected to fill. Parents are encouraged to attend all 4 classes in this series.

Classes are scheduled for 4 Tuesdays (May 4, 11, June 1 and 8) from 6:30 p.m. to 8:00 p.m. [Register here](#) or [learn more.](#)



Keep your unused medication away from the wrong paws!



HCDrugFree

Empowering the Community

Howard County Drug Take Back Day

Saturday April 24th, 2021 10am-2pm

Wilde Lake Village Center

www.hcdrugfree.org

Safely dispose of:

- Prescription Medication
- Over-the-counter medication
- Sharps (Syringes, Needles, Epi-Pens, etc.)
- Vitamins
- Pet Medications
- Vape devices (batteries removed)
- Inhalers

The Drug Enforcement Administration (DEA) wants adults to know that kids are buying drugs online, but there are ways to help protect your kids.

Here are a few suggestions from the DEA:

- Keep communication lines open.
- Make sure kids know the consequences.
- Check out your kid's searches.
- Monitor their delivered packages.

[Read more about each of these suggestions.](#)

Follow HC DrugFree on Social Media

Social media remains one of the most effective ways to share important information with the community. If you like the information that we share in our newsletter, you'll love the content we're posting on Facebook. [Please LIKE our page here.](#)

A little birdie told us that you wanted to stay informed, and fortunately that's what our Twitter feed is all about. [Follow us on Twitter](#) for more important news and updates!



Do You Want Your Friends to Receive Our Updates?

Friends keep friends informed! If you know someone who will benefit from the information we provide, please share our newsletter with them! You can forward them this newsletter or send them to [this link.](#)

[Newsletter Sign Up](#)

Events

Teen Advisory Council Meeting - April 12

HC DrugFree's next Teen Advisory Council (TAC) meeting is scheduled for Monday, April 12 from 5:30 p.m. to 7:00 p.m. [Click here to register for Zoom meeting](#)

Save the date for the May 17 meeting too.

Howard County Family Forum - April 15

Please join HC DrugFree and our partners for another Family Forum! This virtual family forum is scheduled for Thursday, April 15th at 7:00 p.m. Hear from local organizations about prevention, treatment options, and how to get support for your loved one and yourself.

[Learn more & Register Here](#)
[Download Flier](#)



Drive-thru Medication and Sharps Collection: Saturday, April 24 in the Wilde Lake Village Center Parking Lot

HC DrugFree will hold our next twice-a-year medication and sharps drive-thru collection on Saturday, April 24th from 10 a.m. to 2 p.m. in the **Wilde Lake Village Center parking lot**.

We want your expired and unwanted prescription and over-the-counter medications and your sharps (needles, syringes and EpiPens).

Adult volunteers may register thru link below. Feel free to bring a chair if you can't stand.

Medically-trained adults are needed to assist with the medication and sharps collection.

[Click here for more information and to volunteer.](#)



The medication is guarded and transported by the Howard County Police and the Drug Enforcement Administration. Funding provided by the Howard County Health Department, MDH and SAMHSA. Thank you to everyone partnering with us!

Virtual Overdose Response Training

Learn how to save a life after an overdose! Free Narcan kits are available from the Howard County Health Department. Pre-registration is required.

Upcoming training dates:

Tuesday, April 20 at 6:00 p.m.

Tuesday, May 4 at 3:00 p.m.

Tuesday, May 18 at 6:00 p.m. [Register here.](#)

This
spray
can
save
a life

And so can you.

Learn how you can save someone's life from an opioid overdose with Narcan®.

Be a hero. Learn to use Narcan®.

For more information or to sign up for a free virtual training and receive a Narcan® kit:
Visit: howardcountymd.gov/gethelp
Email: torres.poonse@howardcountymd.gov
Call: 1-800-313-6202

Join us for a free virtual training on the first Tuesday and last Thursday of the month at 3pm. Please contact us to pre-register.

HOWARD COUNTY
HEALTH DEPARTMENT



Parenting Corner

Life Skills Class #11: Communication Skills

Our Life Skills class #11 dealt with communication skills. Only 4 more classes to go.

The evidence-based curriculum helps youth learn to avoid risky behaviors and develop personal, interpersonal, and drug resistance skills.



HC DrugFree plans to offer another free series this coming summer.

Registration updates will be shared in future newsletters. Funding provided by the Howard County Health Department, the Maryland Department of Health and SAMHSA.

Donate Today!

Donate



For more information, contact

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